

Next week is menu week 1

DISTRICT SPORTS SUCCESS

We are so proud of our district sports athletics squad. Not only did they finish 3rd in the tournament, they were an absolute credit to our school. With the loudest cheering and clapping, they not only supported each other, but were great champions towards other schools too. Staff from other schools were amazed by how many of our staff volunteered to support this event, thanks to : Mr Gonzaleas, Miss Neacy, Miss Simmonds, Mrs Walker, Miss Nile, Mrs Armstrong and Mrs Voisey. We also need to give a huge thanks to Mr Bovington for his continued support for our school.

Medal winners were:

Year 3: Jayden – Gold in Speed Bounce, Deeva – Gold in Speed Bounce, Akshat – Bronze in Tennis Ball Throw

Year 4: Haider – Gold in Tennis Ball Throw, Ruby – Silver in Tennis Ball Throw

Year 5: Mateus Bronze in 70 m Sprint, Lacey – Bronze in Standing Triple Jump, Alan – Gold in Vortex Howler,

Ruby – Silver in Vortex Howler, Year 5 Relay Team (Alan, Tiffany, Uttamjeet, Chloe, Mateus, Ruby) – Silver

Year 6: Brandon – Gold in Vortex Howler, Humaira – Gold in Vortex Howler

Above and Beyond Students

Congratulations to the following children for going above and beyond.

They have earned a special treat!

RMB – Zekra RNN – Shaheer
1AK – Fatima 1DS – Shyla
2HJ – Israa 2LW – Navtej
3/4KS – Asia-Rose 3/4HN – Kimberley
3/4SH – Hawwaa 5/6EG – Uttamjeet 5/6JO - Karnika



Weekly stats: 26th June – 2nd July 2023

Class	Active Players	Most Improved
1AK	8% (0%)	Azra
1DS	6% (+3%)	Lily
2HJ	9% (0%)	Israa
2LW	11% (+11%)	Pranavi
3/4HN	14% (0%)	Liyana
3/4KS	18% (+12%)	Lola-Mae
3/4SH	3% (-6%)	Hawwaa
5/6EG	83% (0%)	Darija
5/6JO	60% (-7%)	Kyrylo



Well done to the following children for the most minutes dedicated last week

Name	Class	Minutes	Total Class Minutes
Israa	2HJ	433	725
Aisha	1AK	476	704
Nomik	34HN	397	622
Chloe	56EG	110	317
Asia-Rose	34KS	107	265
Aizah	1DS	33	215
Tiffany	56JO	29	72
Ismail	34SH	22	40
Bear	2LW	13	16

HOUSE POINTS: Blue – 412 Red – 364 Yellow – 496 Green – 699

Sports Day House Points: Blue – 1335 Red – 1250 Yellow – 1394 Green – 1387

Best Attendance

Congratulations to class 3/4KS for the best attendance last week with 91.4%

Dates for Your Diary

July:

10th Historic Hillingdon Week

10th Sorted Transition Workshop Y6 am

12th 56EG to Uxbridge, 56JO to Heathrow Airport, Y1 to Little Britain

13th Year 2 trip to the church, Year 3 / 4 to St Andrew's Park

17th Year 6 Movie Day

17th Pond Graduation – 10.30 am and 2.30 pm

17th Frays Trust Choir Concert – 4.00 pm at St Martin's School

18th Year 6 Leavers Disco 4.15 pm

18th Pirate Picnic and Pizza Making for Year 1

19th Year 6 Bowling Party

20th Year 6 Graduation 10am

20th Pond Family Picnic – 10.30 am and 2.30 pm



21st July
End of Term
school closes at 2pm

Attendance Matters

School Target = 96.6% Year to date target at w/c 12th June = 91.12%

Attendance for w/c 26th June = 84.24%

Last week **118** children were late into class.

If you are struggling to get your child into school on time and would like some help, please contact the school office

Getting Your Child to School Really Matters

Did You Know... ?

In a School Year, If Your Child is Late Every Day By...	Your Child Would Have Lost Approximately...	or They Would Have Missed Approximately...
5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Please Encourage Punctuality to Maintain Attendance

Please make sure your children are inside the school building by 8.40am (8.45 for Reception classes)

Pupil Absence & Appointments

If your child will be absent due to sickness, please inform us no later than 8.45am. This can be done by telephoning the school on 0844 836 2095, sending an absence text to 07908 677175 or emailing the school at attendance@fraysacademytrust.org.

If you do not receive an answer on the telephone, please leave a message stating your child's full name, class and the reason for their absence. Please advise the nature of their illness – we need more detail than just "unwell".

Please inform the school office using the above details. Please do not just inform your child's class teacher as they are very busy and may not have time to inform the office before the end of registration and this may result in you receiving an absence message.

Appointments – We understand that it can be difficult to get a G.P appointment at the best of times but please try to obtain appointments for yourself or your child outside of school hours. Being late into school or leaving early disrupts their day and can hinder their learning. We will require evidence of the appointment if it falls within the school day or the absence cannot be authorised.

Sickness – If your child has vomiting or diarrhoea, please do not send them into school. Please allow 24 hours after the vomiting has stopped before they return and 48 hours for diarrhoea. Because it can be difficult to obtain a G.P appointment, you might find that your local pharmacy (chemist) can offer help and over the counter medications that could save you from needing a doctor.

Medication in school – If your child requires medication more than 3 times a day, please bring it to the main school office to hand over the medicine and complete a permission form. Please do not give the medication to the class teacher and under no circumstances should you allow your child to bring medication to school themselves. If you are in any doubt whether they should be in school, please click on this link for more advice; <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>


The Hillingdon Hospitals NHS Foundation Trust
Free entry
The Hillingdon Hospitals NHS Foundation Trust
OPEN DAY
Join us in celebrating 75 years of the NHS
● Mount Vernon Hospital
● 8 July 2023
● 11am - 3pm
Family friendly activities, stalls, bouncy castle, food and more!

 **SCAN ME**

Young Carers

Who are young carers?

A young carer is someone **under 18** who regularly helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

How many young carers are there?

- There are about **700,000 young carers in the UK**. (BBC 2010) *
- That's about **1 in 12 secondary aged pupils**.
- There are likely to be young carers in every school and college.

*The Census identified over 200,000 young carers, but many remain hidden.



Who do young carers care for?

Young carers care for someone:

- With an illness or disability.
- With a mental health condition.
- Who misuses drugs or alcohol.

What might a young carer do?

- Practical tasks, such as cooking, housework and shopping.
- Physical care, such as helping someone out of bed.
- Emotional support.
- Personal care, such as helping someone dress.
- Managing the family budget and collecting prescriptions.
- Helping to give someone their medicine.
- Helping someone communicate.
- Looking after brothers and sisters.

Being a young carer can have a big impact on the things that are important to growing up

- It can affect a young person's health, social life and self-confidence.
- Many young carers struggle to juggle their education and caring which can cause pressure and stress.
- In a survey, 39% said that nobody in their school was aware of their caring role.
- 26% have been bullied at school because of their caring role.
- 1 in 20 miss school because of their caring role.

But young people can learn lots of useful skills by being a young carer.



Which one is the young carer?



Young carers are just young people – with caring responsibilities! They look the same as everyone else but they can lead very different lives!

The average age of a young carer

= 12

“Don’t stereotype us, we are all individuals.”
Young carer

1 in 3 young carers spend between 11–20 hours each week caring.



Is your child a young carer? At Laurel Lane Primary School, the Inclusion Team would like to identify and support children who may be considered young carers and their families. If you think your child is a young carer, or you would like more information about young carers, please contact the school by phone on 01895 462 360, by email at laurellane@fraysacademytrust.org or ask to speak with Mrs Keenan.

Clerk vacancy for Frays Academy Trust

We welcome applicants who have a strong administration or Clerking background.

Average of just over 8 hours a week term time, £6,189 per annum.

Please apply through this link: <https://crinklerecruitment.com/Job/Clerk-for-two-Governing-Bodies-4649>



NHS North West London
15 Marylebone Road
London NW1 5JD

4th July 2023

Dear Parents,

We all want to keep our children safe and protected from serious illness. This is why we are asking you to support a focus on encouraging parents in North West London to ensure that their child is up to date on their routine immunisation course. The summer holidays are a good opportunity to catch up on any outstanding vaccinations before children return to school and start mixing again.

Vaccination rates have been falling in London, which was further exacerbated during the pandemic. We need to maintain a high level of vaccine uptake across the population to reduce the risk of outbreaks and the potentially serious impacts on children's health.

Since February we have seen an increase in the number of cases of measles across North West London which may develop into life-threatening illnesses such as meningitis and pneumonia.

Booking a vaccine over the summer

Any children in London who are not up to date with their routine vaccinations can book one over the summer holidays.

Where do I get my child's vaccine?

Your child can get their routine vaccinations at their GP surgery.

The NHS has also been contacting the parents of children who are not fully vaccinated to book an appointment at their GP practice or to access them at specialist community clinics in your local area. These will continue over the summer.

- For more information on childhood diseases e.g. measles: [Health A to Z - NHS \(www.nhs.uk\)](https://www.nhs.uk/health-a-to-z)
- NHS vaccination schedule: [NHS vaccinations and when to have them - NHS \(www.nhs.uk\)](https://www.nhs.uk/vaccinations)
- Why vaccines are safe and effective [Why vaccination is safe and important - NHS \(www.nhs.uk\)](https://www.nhs.uk/why-vaccination-is-safe-and-important)

If you have any queries or require further information please contact nhsnw.immunisations@nhs.net

Thank you for your support.

Yours faithfully,

NHS North West London Immunisations Team

HACS are running a training webinar for parents/carers and professionals to understand the functions of behaviour and identify what may cause an autistic meltdown. We will look at adjusting environments and providing tools to support autistic people using a positive behaviour approach.

This webinar will cover:

- Understanding the functions of behaviour
- Practise using tools that can be used to understand and unpick behaviour.
- The autistic meltdown
- Develop a range of strategies using a positive behaviour approach.
- Explore emotional regulation tools to support the well-being and self-esteem of autistic people.



Date: Tuesday 11th July 2023

Time: 6:30 PM – 8:30 PM

Location: Virtual Webinar Zoom

Price: £10 for members/£20 for non-members

Book your place here: <https://www.hacs.org.uk/events-1/autism-promoting-positive-behaviour-6>