

Executive Head Teacher – Mr C Cole

Head Teacher - Mrs S Voisey

Safeguarding Lead – Miss A Walton

Next week is menu week 2

The weather has been absolutely glorious over the past week (apart from the thunderstorms)! Whilst this is great, it does mean that it is very hot in the classrooms. Please make sure that your child has a water bottle in school and they have a sun hat and plenty of sun cream applied before school, as it is really hot in the playground. The children are encouraged to sit under trees where it is cooler, but they do spend some time out in the sun.

A has been a busy week the children and staff; Year 6 visiting Southlands Art Centre to do some sketching and Year 5 took a trip to Fassnidge Park in Uxbridge for a river study. We had a lovely email sent to school to compliment the Year 5 children on their behaviour and point out how caring they were to the other children in the park. It is always lovely to have our children complimented, as they deserve to be recognised as super stars.

Mrs Voisey has also been doing lesson observations and has been delighted with how hard the children have been working in their classes to improve their writing skills.

Above and Beyond Students

Congratulations to the following children for going above and beyond.
They have earned a special treat!

RMB –Darius

RNN – Shaheer

1AK – Kacper

1DS – Halima

2HJ – Sana B

2LW – Sophia

3/4KS – Sofia R

3/4HN – Jennifer

3/4SH – Ebenezer

5/6EG – Humaira

5/6JO - Rayaana



Weekly stats: 5th to 11th June 2023

Class	Active Players	Most Improved
1AK	8% (+4%)	Azra
1DS	3% (0%)	Albert
2HJ	9% (-8%)	Ruun
2LW	3% (+3%)	Lirane
3/4HN	67% (+26%)	Muskan
3/4KS	38% (+20%)	Blanzzy
3/4SH	42% (+8%)	Larysa
5/6EG	77% (+34%)	Khalid
5/6JO	40% (+3%)	Ellissa



Well done to the following children for the most minutes dedicated last week

Name	Class	Minutes	Total Class Minutes
Nomik	34HN	359	742
Aman	2HJ	153	279
Isaac	1AK	70	70
Lirane	2LW	61	61
Mateo	6EG	17	50
Rimal	5/6JO	17	34

Best Attendance

Congratulations to class 1DS for the best attendance last week with 97.5%

Dates for Your Diary

June:

29th Sports for All Sponsored Event
29th Welcome Meeting for New to Reception Parents
In September 2023 @ 4.00pm

July:

3rd Sorted Theatre – Yr 6 Transition Parents meeting
4th School disco (Reception to Year 5)
6th District Sports – Uxbridge Leisure Centre
10th Historic Hillingdon
13th Year 2 trip to the church
18th Year 6 Leavers Disco
20th Year 6 Graduation @ 10am
21st End of Term – school closes at 2pm

Attendance Matters

School Target = 96.6% Year to date target at w/c 12th June = 91%

Attendance for w/c 12th June = 89.9%

Last week **74** children were late into class.

If you are struggling to get your child into school on time and would like some help, please contact the school office

Getting Your Child to School Really Matters

Did You Know... ?

In a School Year, If Your Child is Late Every Day By...	Your Child Would Have Lost Approximately...	or They Would Have Missed Approximately...
5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Please Encourage Punctuality to Maintain Attendance

Please make sure your children are inside the school building by 8.40am (8.45 for Reception classes)

Pupil Absence & Appointments

If your child will be absent due to sickness, please inform us no later than 8.45am. This can be done by telephoning the school on 0844 836 2095, sending an absence text to 07908 677175 or emailing the school at attendance@fraysacademytrust.org.

If you do not receive an answer on the telephone, please leave a message stating your child's full name, class and the reason for their absence. Please advise the nature of their illness – we need more detail than just "unwell".

Please inform the school office using the above details. Please do not just inform your child's class teacher as they are very busy and may not have time to inform the office before the end of registration and this may result in you receiving an absence message.

Appointments – We understand that it can be difficult to get a G.P appointment at the best of times but please try to obtain appointments for yourself or your child outside of school hours. Being late into school or leaving early disrupts their day and can hinder their learning. We will require evidence of the appointment if it falls within the school day or the absence cannot be authorised.

Sickness – If your child has vomiting or diarrhoea, please do not send them into school. Please allow 24 hours after the vomiting has stopped before they return and 48 hours for diarrhoea. Because it can be difficult to obtain a G.P appointment, you might find that your local pharmacy (chemist) can offer help and over the counter medications that could save you from needing a doctor.

Medication in school – If your child requires medication more than 3 times a day, please bring it to the main school office to hand over the medicine and complete a permission form. Please do not give the medication to the class teacher and under no circumstances should you allow your child to bring medication to school themselves. If you are in any doubt whether they should be in school, please click on this link for more advice; <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>



SEND Family Support Activity Club

FRIDAYS
6pm-7pm

Venue - Northwood Methodist Church, 30 Oaklands Gate, Northwood, HA6 3AA – Free Parking

For children & young adults with special educational needs and disabilities (accompanied by their parents and or carers)

Different activities every week delivered by experts

Other SEND activities available – advice for carers & more...

£5 per child or young adult with SEND

To book, go to: www.sendfs.co.uk/activity-clubs or inform our volunteers at the club

Please note – The Activity Club will normally take place on Fridays during school term times.
We are all responsible for our own children on the day.
More information including rules & guidance, forthcoming dates and scheduled activities is available on our website, social media or email clubs@sendfs.co.uk

SEND Family Support
Support for families caring for individuals with SEND
(Special educational needs & disabilities)
www.sendfs.co.uk
Email: info@sendfs.co.uk Charity Registration Number - 1105319

Phone: 07752 169849
Twitter: @SENDFS

Facebook: @SENDFamilySupport
Instagram: @SENDFS

MyHealth Asthma Workshops

MyHealth are running FREE Asthma workshops for parents who have children with Asthma.

These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly.

Some of the content included in these sessions is:

- Asthma attacks
- Asthma triggers
- Inhaler techniques
- Asthma action plans

The workshops are run online using ZOOM and you can register your FREE place [HERE](#)

You can contact the MyHealth team on tel: 01895 543 437 or email: nhsnwccg.myhealth@nhs.net.

Current session dates are:

Monday 3rd July 4 to 5 pm

Know where to get the right help



There are lots of NHS services that can help you.

Knowing where to go, and when, can help you get the right care when you need it.

Pharmacy



Local pharmacists are **qualified healthcare professionals**. They can help you with minor health concerns and illnesses including coughs, colds, upset stomachs and skin/eye infections. They can also give some vaccinations and help with medications.

They can be found on most high streets and are a quick and convenient way to get medical advice. They will see you face to face and provide confidential help on the same day, with **no appointment needed**.

GP/doctor services

local GP practice



Your local GP practice can help with a wide range of general health problems, injuries and illnesses that are not life threatening.

Who you see at your appointment depends on the help you need. There are lots of different people who can help including a doctor, nurse, pharmacist, physiotherapist and many other trained health professionals.

They might see you over the phone, online or in-person.

You will need to be registered before you can book an appointment. To register with a GP practice you do not need proof of address, immigration status, ID or an NHS number. Find a GP practice near you at: www.nhs.uk/service-search/find-a-gp

GP help evenings and weekends

Call your GP practice as normal. The practice answer phone will provide details of where you can get local out of hours appointments. You can also use the **online consultation forms** on the practice website if your need is not urgent.

NHS 111



NHS 111 helps people get the right advice and treatment when they urgently need it. 111 can direct you to the best place to get help if you cannot contact your GP during the day, or when your GP is closed.

Doctors, nurses, paramedics and other fully-trained advisors are available 24/7, and can get you the help you need by:

- finding out what local service can help you;
- connecting you to a nurse, emergency dentist, pharmacist or GP
- getting you an appointment if you need one
- telling you how to get any medicine you may need or give self-care advice.

You can contact NHS 111 all day, every day. Visit 111.nhs.uk or call 111.

Know where to get the right help - Continued...



Mental health services



The NHS provides a range of talking therapies for people who feel anxious, worried, down, or depressed. If you need help you can **refer yourself**, you don't need to go to your GP first. To refer your-self and find more information visit: www.nhs.uk/2us.org

Mental health services for people in crisis:

If you need help for a mental health crisis or emergency, you can get immediate help on our freephone lines from trained mental health advisers and clinicians **all day every day**

Ealing, Hounslow, Hammersmith and Fulham	0800 328 4444
Brent, Harrow, Hillingdon, Kensington & Chelsea and Westminster	0800 0234 650

999 or A&E



If you, or someone you know, are experiencing a life-threatening medical emergency you should **call 999 or attend an A&E immediately**.

For adults:

- signs of a heart attack - chest pain, pressure, heaviness, tightness or squeezing across the chest
- signs of a stroke - face dropping on one side, cannot hold both arms up, difficulty speaking
- sudden confusion (delirium) - cannot be sure of own name or age
- suicide attempt - by taking something or self-harming
- severe difficulty breathing - not being able to get words out, choking or gasping
- choking on liquids or solids
- heavy bleeding - spraying, pouring or enough to make a puddle
- severe injuries - after a serious accident or assault
- seizure (fit) - shaking or jerking because of a fit, or unconscious (cannot be woken up)
- sudden, rapid swelling of the lips, mouth, throat or tongue

For children:

- seizure (fit) - shaking or jerking because of a fit, or unconscious (cannot be woken up)
- choking on liquids or solids
- difficulty breathing - making grunting noises or sucking their stomach in under their ribcage
- unable to stay awake - cannot keep their eyes open for more than a few seconds
- blue, grey, pale or blotchy skin, tongue or lips - on brown or black skin, grey or blue palms or soles of the feet
- limp and floppy - their head falls to the side, backwards or forwards
- heavy bleeding - spraying, pouring or enough to make a puddle
- severe injuries - after a serious accident or assault
- signs of a stroke - face dropping on one side, cannot hold both arms up, difficulty speaking
- sudden rapid swelling of the lips, mouth, throat or tongue
- sudden confusion - agitation, odd behaviour or non-stop crying

Upcoming By-election

The by-election for the parliamentary constituency of Uxbridge and South Ruislip will take place on Thursday 20th July following the resignation of Boris Johnson as a Member of Parliament on Friday 9th June.

Residents living in the constituency, who are registered to vote, will need to show a form of photo ID at the polling station. Accepted forms of photo ID include passports, driving licences, eligible travel passes, blue badges and PASS cards. Only original documents are accepted; photos of your ID, copies or digital versions saved on phones and smart devices will not be accepted.

If you don't have an accepted form of photo ID, you can apply for a Voter Authority Certificate before 5pm on Wednesday 12th July. You must already be registered to vote. Find out more at www.hillingdon.gov.uk/voter-id.

The deadline for residents living in the Uxbridge and South Ruislip parliamentary constituency to register to vote in the upcoming by-election is Tuesday 4th July.

More information about how to register to vote is available at www.hillingdon.gov.uk/register-vote.

Parent Survey 2023

We would like to invite you to take part in our 2023 Parent/Carer survey for Laurel Lane Primary School. Your views and feedback are very much valued.

Please see below a link to the 2023 parent survey. If you would like to participate, please complete the survey no later than Friday 7th July.

<https://forms.office.com/e/aQf3mAXShg>



Free entry

The Hillingdon Hospitals NHS Foundation Trust

OPEN DAY

Join us in celebrating 75 years of the NHS

- Mount Vernon Hospital
- 8 July 2023
- 11am - 3pm

Family friendly activities, stalls, bouncy castle, food and more!

SCAN ME