

RSE AT LAUREL LANE

Whole school overview

Progression of Knowledge and Skills			
	Knowledge	Skills	Key vocabulary
Reception	Children know and understand that: -they are unique and special -families can be different -the names of some parts of their body -their body belongs to them -some parts of the body are private -people have different feelings -friendships involve kindness, sharing and taking turns -they can talk to trusted adults if they are worried or upset -people grow and change as they get older	Children can: -talk about themselves and the people who are important to them -identify and name some body parts -recognise and communicate basic emotions -develop positive friendships -respect personal space -begin to recognise appropriate and inappropriate behaviour -identify trusted adults -talk about changes as they grow	-body -family -friend -feelings -private -safe -special -grow -change -help
Year 1	Children know and understand: -families can be different -characteristics of a positive friendship -how people show care and affection -that relationships can make people feel different emotions -names of the main external parts of the body -some parts of the body are private -their body belongs to them -they have a right to privacy and personal space -people grow and change as they get older -adults can help them if they are worried about something	Children can: -Describe people who are important to them. -Identify characteristics of a good friend -Talk about their feelings within relationships -Name and locate basic body parts -Distinguish between public and private body parts -Recognise when they feel uncomfortable. -Identify trusted adults they can talk to -Talk positively about similarities and differences between people	-family -friendship -friend -care -love -body -private -public -personal -space -feelings -grow -change



Year 2	Children know and understand: -what makes a friendship positive and healthy -that friendships sometimes involve disagreements -ways people can resolve disagreements -that families can be different and that family relationships are important -that people have different feelings and opinions -the importance of respecting other people's feelings and boundaries -the difference between appropriate and inappropriate physical contact -that people have the right to say no to unwanted physical contact -that bodies grow and change throughout life -that everyone develops at different rates	Children can: -describe the qualities of a good friend. -communicate their feelings appropriately. -resolve simple disagreements. -listen to and respect other people's opinions. -recognise personal boundaries. -identify appropriate and inappropriate physical contact. -say no when something makes them uncomfortable. -seek help from a trusted adult. -recognise and respect differences between people.	-relationship -friendship -respect -disagreement -boundaries -personal space -touch -appropriate -inappropriate -private -feelings -differences
Year 3	Children know and understand: -the qualities and characteristics of positive friendships -that friendships can change and sometimes experience difficulties -how to resolve disagreements respectfully. -the importance of mutual respect -the difference between a secret and a surprise -that some information should not be kept secret from trusted adults -that people may experience pressure from friends or others -that bodies change as children grow -that puberty is a natural part of growing up	Children can: -explain what makes a positive friendship -recognise when a friendship may be unhealthy -communicate respectfully when disagreements occur -recognise and respond to peer pressure -identify when they should tell a trusted adult something -recognise physical and emotional changes associated with puberty -discuss growing and changing using appropriate vocabulary -show respect for differences in development -develop strategies for managing emotions associated with change	-puberty -adolescence -growing -changing -hormones -hygiene -pressure -friendship -respect -secret -surprise -emotions



	-some of the physical and emotional changes associated with puberty. -that people experience puberty at different times -the importance of hygiene during puberty		
Year 4	Children know and understand: -the characteristics of respectful relationships. -the importance of trust, respect and communication. -that relationships can change over time. -what personal boundaries are. -that everyone has the right to decide what happens to their own body. -the meaning of consent in age-appropriate contexts. -that consent can be given or refused. -the physical changes that occur during puberty. -that puberty affects everyone differently. -menstruation and why periods occur. -the importance of menstrual hygiene. -some of the emotional changes associated with puberty. -that trusted adults can provide support during puberty.	Children can: -identify respectful and disrespectful behaviour -communicate their boundaries clearly -respect other people's boundaries -explain consent in simple situations -recognise when consent has not been given -discuss puberty using accurate vocabulary -explain menstruation in an age-appropriate way -identify strategies for managing physical and emotional changes -challenge assumptions and stereotypes about growing up	-consent -boundaries -puberty -hormones -menstruation -period -menstrual cycle -hygiene -emotions -respect -privacy -stereotypes
Year 5	Children know and understand: -the features of healthy and respectful relationships. -how relationships develop and change. -the importance of trust, respect and communication. -the meaning and importance of consent.	Children can: -describe the characteristics of healthy relationships -recognise unhealthy relationship behaviours -communicate boundaries confidently -explain the importance of consent -recognise that consent can be withdrawn	-consent -healthy relationship -boundaries -puberty -menstruation -menstrual cycle -ejaculation



	-that consent should be freely given -that consent can be withdrawn -the physical and emotional changes associated with puberty -that puberty happens at different times for different people -menstruation and the menstrual cycle -ejaculation and its role in reproduction -the basic process of human reproduction -how a baby is conceived -that pregnancy begins when a fertilised egg develops in the uterus -that different families and relationships exist -the importance of respecting people's choices and boundaries	-use accurate vocabulary when discussing puberty -explain the basic process of reproduction -ask appropriate questions about growing and changing -challenge stereotypes about bodies and relationships -respect differences in people's experiences of puberty	-sperm -egg -fertilisation -conception -pregnancy -uterus -reproduction
Year 6	Children know and understand: -the characteristics of healthy, respectful relationships -the importance of trust, communication and mutual respect -how relationships may change as people grow older -the importance of personal boundaries -the meaning of consent and its role in relationships -that consent must be freely given -that consent can be withdrawn at any time -the physical, emotional and social changes associated with adolescence -the process of human reproduction -how sexual intercourse can result in pregnancy -how pregnancy develops -the role of sperm and the egg in reproduction	Children can: -explain the characteristics of healthy and unhealthy relationships -communicate their own boundaries clearly and respectfully -respect the boundaries and choices of others -explain consent and apply the concept to different situations -recognise pressure, manipulation and coercive behaviour -discuss puberty and reproduction using accurate terminology -explain the process of human reproduction -ask questions and seek reliable information about RSE -challenge stereotypes relating to bodies, relationships and gender -demonstrate respect for different families and relationships	-adolescence -consent -boundaries -coercion -reproduction -sexual intercourse -sperm -egg -fertilisation -conception -pregnancy -uterus -puberty -relationships -respect -pressure



LAUREL LANE
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	-that puberty and development happen at different times for different people -the importance of respecting individual choices and boundaries -how to recognise pressure or coercion within relationships -where to seek reliable information and support about puberty, relationships and growing up	-identify appropriate trusted adults and sources of support -apply their RSE knowledge to prepare for adolescence and secondary school	
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