



The Pond Safeguarding Curriculum

	Autumn Term	Spring Term	Summer Term
PSHE for Tadpoles	Anti-bullying week (Nov) PANTS week (Oct) <ul style="list-style-type: none">- Making friends- Learning new rules and boundaries- Forming attachments- Developing confidence- Emotions	Safer Internet Day (Feb) <ul style="list-style-type: none">- Developing play with friends- Naming emotions- Waiting for my turn- Making good choices- Exploring emotions- Noticing differences	<ul style="list-style-type: none">- Understanding feelings- Interests and preferences- Taking turns and sharing- Enjoying the company of others
PSHE for Frogs	Anti-bullying week (Nov) PANTS week (Oct) <ul style="list-style-type: none">- Making friends- Learning new rules and boundaries- Developing responsibility- Developing confidence	Safer Internet Day (Feb) <ul style="list-style-type: none">- Similarities and differences- Respect- Developing ways to be assertive- Understand how others are feeling	<ul style="list-style-type: none">- Playing in a group- Managing own feelings and talking about emotions- Getting ready for Reception



Reception Safeguarding Curriculum

	Autumn Term	Spring Term	Summer Term
Online Safety		Safer Internet Day (Feb)	To understand why we need to log in and log out.
PSHE	<p><u>Self-Regulation</u> <i>My feelings</i></p> <ul style="list-style-type: none"> - Identifying and expressing feelings - Exploring different coping strategies - Learning appropriate vocabulary - Explore different facial expressions <p><u>Building relationships</u> <i>Special relationships</i></p> <ul style="list-style-type: none"> - Talking about people who are special and valued - Understanding why it is important to share and cooperate with others - Recognising self as valuable individuals - Explore diversity looking at similarities and differences. 	<p><u>Managing self</u> <i>Taking on challenges</i></p> <ul style="list-style-type: none"> - Understanding why we have rules - Importance of persistence - Working together in a group - Practicing 'grounding' strategies <p><u>Self-regulation</u> <i>Listening and following instructions</i></p> <ul style="list-style-type: none"> - Learning the importance of listening - Learning the importance of telling the truth and thinking of others' feelings - Listening, responding to and following instructions 	<p><u>Building relationships</u> <i>My family and friends</i></p> <ul style="list-style-type: none"> - Thinking about the perspective of others - Understanding why sharing is important - Understanding the characteristics that make a good friend - Importance of supporting others by being kind <p><u>Managing self</u> <i>My wellbeing</i></p> <ul style="list-style-type: none"> - Learning the importance of exercise - Exploring yoga, guided meditation and relaxation - Understanding why it is important to take care of yourself - Being a safe pedestrian - Exploring what it means to eat healthy and to have a balanced diet
Trips, Visitors and Assemblies	Anti-bullying week (Nov) PANTS week (Oct)	Fire Safety Visit	Road Safety Visit
Across the curriculum	Staying safe outdoors- Resource: Book- On Sudden Hill Discussing our sense of identity and sharing personal information- Resource: Book- On Sudden Hill Discussing trusted adults. Who helps to keep us safe at home and school? Resource: Book- You can do it Sam Discussing inclusion, equality and diversity- Resource: Book- We are all neighbours here and All are welcome here	Discussing personal boundaries- Resource: Book-So Much Understanding safe interactions with animals and safety outdoors- Resource: Book- Percy the Park Keeper Discussing dangers and risks- Resource: Book- Snail and the whale	Discussing the feeling of worry- Resource: Book- Monkey Puzzle Discussing water safety- Resource: Book- The boy who sailed around the world Discussing the concept of consent- Resource: Book- Aliens love underpants Discussing inclusion- Resource: Book- Our class is a family



Year 1 Safeguarding Curriculum

	Autumn Term	Spring Term	Summer Term
Online Safety	<ul style="list-style-type: none"> - To recognise what the internet is and how to use it safely. - To identify how people’s feelings and emotions can be affected by online content. 	<ul style="list-style-type: none"> - To recognise how to treat others, both online and in person. 	<ul style="list-style-type: none"> - To recognise the importance of being careful when posting and sharing online. - To discuss ways to balance time spent online and offline.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - What is family? - What are friendships? - Recognising others’ emotions - Working with others - Friendship problems - Healthy friendships - Gender stereotypes <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Understanding emotions - Celebrate strengths - Benefits of physical activity and rest - Relaxation - Hand washing and personal hygiene - Sun safety - Allergies - People who want to help us keep healthy 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - Safe adults/ responding to adults in a range of situations - Getting lost - Making an emergency phone call - Appropriate contact - Safety with substances - Safety at home - People who help to keep us safe <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Rules - Caring for animals - Understanding the needs of babies and young children - Recognising similarities and differences - Belonging - Democratic decisions 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - What is money? - Keeping money safe - Purpose of banks and building societies - Difference between saving and spending - Job roles both inside and outside of school <p><u>Transition</u></p> <ul style="list-style-type: none"> - Individual strengths and new skills when preparing for the move to Year 2.
Trips, Visitors and Assemblies	<p>PANTS Week (Oct)</p> <p>Anti-Bullying Week (Nov)</p>	<p>Safer Internet Day (Feb)</p> <p>NSPCC Speak out, Stay Safe Assembly</p>	<p>Paralympian Visit and Charity event</p>
Across the curriculum	<p>Discussing identifying trusted adults and safe and unsafe situations- Resource: Book- The Tiger who came to tea</p> <p>Discussing maintaining a healthy body- Resource: Science unit</p> <p>Discussing simple fire safety- Resource: Science unit</p>	<p>Discussing water safety- Resource: Book- Little Goose’s Autumn</p> <p>Discussing recognition of feelings- Resource: Book- Ruby’s Worry</p>	<p>Discussing how to manage emotions- Resource: Book- The Bad Tempered Ladybird</p> <p>Discussing responding to emergencies- Resource: Book- The Storm Whale</p>



	Autumn Term	Spring Term	Summer Term
Online Safety	<ul style="list-style-type: none"> - To decide which information is safe to share online. 	<ul style="list-style-type: none"> - To practise keeping information safe and private online. 	<ul style="list-style-type: none"> - To recognise when to deny permission online. - To recognise that not everything online is true.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Role of families - Different types of families - Other peoples' feelings - Unhappy friendships - Manners and courtesy - Change and loss - Gender stereotypes: Careers & Jobs. <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Experiencing different emotions - Being active - Relaxation: breathing exercises - Setting achievable goals - Growth mindset - Healthy diet - Looking after our teeth 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - The internet and communicating online - Secrets and surprises - Appropriate contact: Correct vocab for body parts & safe/unsafe touches - Respecting personal boundaries - Road Safety - Staying safe with medicine <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Rules beyond school - Looking after the school and local environment - Job roles in the local community - Similarities and differences between people - School council: democracy in school - Giving an opinion 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Where does money come from? - Identifying basic needs essential for healthy growth - Exploring wants - Bank cards and accounts - My skills and talents - How to make others feel included <p><u>Transition</u></p> <ul style="list-style-type: none"> - Understanding that change can cause mixed feelings
Trips, Visitors and Assemblies	PANTS Week (Oct) Canal Safety Anti-Bullying Week (Nov)	Safer Internet Day (Feb) NSPCC Speak out, Stay Safe Assembly Fire Safety Visit	Paralympian Visit and Charity event
Across the curriculum	Discussing differences- Resource: Book- Rainbow bear Discussing feelings and zones of regulation- Resource: Book- Tear Thief Discussing trusted people in the local area- Resource: Geography topic Discussing the concept of neglect and isolation- Resource: Book- Tin Forest	Keeping our bodies healthy, oral health- Resource: Science unit Discussing fire safety: Resource: Book-Sammy the street dog & History unit Discussing remaining safe if lost- Resource: Art- Maps and navigation	Discussing separation from trusted adults or lost in public- Resource: Book- Reading for Pleasure Texts



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Online Safety	<ul style="list-style-type: none"> - To understand how the internet can be used to share beliefs, opinions and facts. - To explain what should be done before sharing information online. 	<ul style="list-style-type: none"> - To identify the effects that the internet can have on people's feelings. 	<ul style="list-style-type: none"> - To understand the ways personal information can be shared on the internet. - To understand the rules for social media platforms.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Healthy families - Friendship conflict - Conflict versus bullying - Effective communication - Learning who to trust - Respecting differences in others - Stereotypes: Gender & Age. <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - My healthy diary - Relaxation: stretches - Different aspects of identity - Identifying own strengths - Resilience: breaking down barriers - Communicating feelings - Diet and dental health 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - First Aid: emergencies and calling for help. Bites & stings. - Be kind online - Cyberbullying - Fake emails - Making choices - Influences - Keeping safe out and about <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Rights of the child (UN convention) - Rights and responsibilities - Recycling - Local community groups - Charity - Local democracy - Rules and consequences of breaking them 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Different ways to pay for things - Budgeting - Recognising money has an impact on how we feel - Ethical spending - Future jobs - Understanding stereotypes in the workplace. <p><u>Transition</u></p> <ul style="list-style-type: none"> - Celebrating increasing opportunities and responsibilities as situations change
Trips, Visitors and Assemblies	PANTS Week (Oct) Anti-Bullying Week (Nov)	Safer Internet Day (Feb) NSPCC Speak out, Stay Safe Assembly	Paralympian Visit and Charity event
Across the curriculum	Discussing morally right and wrong choices- Resource: Literacy unit texts Understanding how to maintain a healthy body- Resource: Science unit	Discussing choices and consequences- Resource: Literacy unit texts Discussing risks in the environment and how to remain safe- Resource: Geography unit	Exploring the themes of journeys, change and responsibility- Resource: Literacy unit texts Discussing environmental responsibility- Resource: Science unit



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Online Safety	<ul style="list-style-type: none"> - To describe how to search for information within a wide group of technologies and make a judgement about the probable accuracy. - To describe some of the methods used to encourage people to buy things online. 	<ul style="list-style-type: none"> - To explain why lots of people sharing the same opinions or beliefs online do not make those opinions or beliefs true. 	<ul style="list-style-type: none"> - To explain that technology can be designed to act like or impersonate living things. - To explain how technology can be a distraction and identify when I might need to limit the amount of time spent using technology.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Respect and manners - Healthy friendships - Impact of behaviour on others - Bullying: Responsibility of bystanders to help - Stereotypes: Gender, disability. - Families in the wider world - Change and loss <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Healthy teeth - Relaxation: Visualisation - Celebrating mistakes - Meaning & Purpose: my role - My happiness - Emotions - Mental health 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - Internet safety: age restrictions, being share aware - First Aid: Asthma - Privacy and secrecy - Consuming information online - Growing up - Introducing puberty - Tobacco <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Human rights - Caring for the environment - Role and contribution of groups in the wider community - Value of diversity - Role of local government/councilors 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Recognising value for money - Monitoring money - Keeping money safe - What influences career choices? - Career changes - Challenging workplace stereotypes <p><u>Transition</u></p> <ul style="list-style-type: none"> - Creating goals and challenges for moving into Year 5.
Trips, Visitors and Assemblies	PANTS Week (Oct) Local Transport Safety Anti-Bullying Week (Nov)	Safer Internet Day (Feb) NSPCC Speak out, Stay Safe Assembly	Paralympian Visit and Charity event
Across the curriculum	Exploring unsafe choices and regulating emotions through the perspective of a character- Resource: Literacy unit texts Exploring the concept of protection for children regarding laws- Resource: Links with History unit	Discussing water safety- Resource: Links to Geography unit	Discussion of moral choices and consequences- Resource: English unit



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Online Safety	<ul style="list-style-type: none"> - To understand how apps can access personal information and how to alter the permissions. - To be aware of the positive and negative aspects of online communication. 	Safer Internet Day (Feb) <ul style="list-style-type: none"> - To understand how online information can be used to form judgements. 	<ul style="list-style-type: none"> - To discover ways to overcome online bullying. - To understand how technology can affect health and wellbeing.
PSHE	<u>Family and relationships</u> <ul style="list-style-type: none"> - Building friendships - Friendship skills - Marriage - Self-respect - Family life - Bullying: how to get help - Stereotypes: Gender, race and religion <u>Health and wellbeing</u> <ul style="list-style-type: none"> - Relaxation: yoga - Importance of rest - Embracing failure - Going for goals - Taking responsibility for my feelings. - Healthy meals - Sun safety 	<u>Safety and the changing body</u> <ul style="list-style-type: none"> - Online friendships - Staying safe online - Emotional and physical changes during puberty - Menstruation - First Aid: bleeding & head injuries - Alcohol, drugs & tobacco: Making decisions. <u>Citizenship</u> <ul style="list-style-type: none"> - Breaking the law - Rights and responsibilities - Protecting the planet - Contributing to the community - Pressure groups - Parliament 	<u>Economic wellbeing</u> <ul style="list-style-type: none"> - Prioritising needs over wants - Creating a weekly budget - Borrowing and loaning - Risks of handling money online - Identify and challenge stereotyping in the workplace - Suitable careers <u>Transition</u> <ul style="list-style-type: none"> - Roles and responsibilities when moving into Year 6.
Trips, Visitors and Assemblies	PANTS Week (Oct) Anti-Bullying Week (Nov)	Safer Internet Day (Feb) NSPCC Speak out, Stay Safe Assembly Crime and Punishment Visit	Paralympian Visit and Charity event
Across the curriculum	Discussion of racism and the impact- Resource: Book- Coming to England	Discussion of crimes and protection from harm- Resource: History unit Expression of feelings- Resource: Art Unit	Exploring the themes of bullying, diversity and tolerance- Resource: Book- Wonder & Boy at the back of the class



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Online Safety	<ul style="list-style-type: none"> - To describe online issues that give us negative feelings and know how to get help. - To explore the impact and consequences of sharing online. 	<ul style="list-style-type: none"> - To know how to create a positive online reputation. - To describe how to capture bullying content as evidence. 	<ul style="list-style-type: none"> - To manage personal passwords effectively. - To be aware of strategies that help protect people online.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Respect and respectful relationships. - Stereotypes: attitudes and challenging these stereotypes - Resolving conflict - Change and loss <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Relaxation: mindfulness - Planning for a healthy lifestyle - Impact of technology on health - Resilience toolbox - Immunisation - Good and bad habits - Physical health concerns 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - Alcohol - Critical digital consumers - Social media - First aid: choking and basic life support - Physical and emotional changes of puberty - Conception - Pregnancy and birth <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Human rights - Food choices and the environment - Caring for others - Prejudice and discrimination - Valuing diversity - National democracy 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Identify feelings about money - Keeping money safe - Money responsibilities - Gambling - Workplace - Career routes <p><u>Transition</u></p> <ul style="list-style-type: none"> - Dealing with change <p><u>Identity</u></p> <ul style="list-style-type: none"> - What is identity? - Media manipulated images
Trips, Visitors and Assemblies	<p>PANTS Week (Oct)</p> <p>Anti-Bullying Week (Nov)</p>	<p>Safer Internet Day (Feb)</p> <p>NSPCC Speak out, Stay Safe Assembly</p> <p>Bikeability</p>	<p>SWITCH Programme</p> <p>Various Police visits: Knife Crime, Substance Abuse.</p> <p>Residential Visit</p> <p>Paralympian Visit and Charity event</p>
Across the curriculum	<p>Discussion regarding safety and fear- Resource: Book- Goodnight Mister Tom</p> <p>Discussion of bereavement- Resource: Book- Rose Blanche</p> <p>Food safety- Resource: DT unit</p>	<p>Discussion of dangers associated with electricity- Resource: Science unit</p>	<p>Discussions regarding maintaining a healthy body- Resource: Science unit</p>