



The Pond Safeguarding Curriculum

	Autumn Term	Spring Term	Summer Term
PSHE for Tadpoles	Anti-bullying week (Nov) PANTS week (Oct) <ul style="list-style-type: none">- Making friends- Learning new rules and boundaries- Forming attachments- Developing confidence- Emotions	Safer Internet Day (Feb) <ul style="list-style-type: none">- Developing play with friends- Naming emotions- Waiting for my turn- Making good choices- Exploring emotions- Noticing differences	<ul style="list-style-type: none">- Understanding feelings- Interests and preferences- Taking turns and sharing- Enjoying the company of others
PSHE for Frogs	Anti-bullying week (Nov) PANTS week (Oct) <ul style="list-style-type: none">- Making friends- Learning new rules and boundaries- Developing responsibility- Developing confidence	Safer Internet Day (Feb) <ul style="list-style-type: none">- Similarities and differences- Respect- Developing ways to be assertive- Understand how others are feeling	<ul style="list-style-type: none">- Playing in a group- Managing own feelings and talking about emotions- Getting ready for Reception



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Online Safety		Safer Internet Day (Feb)	To understand why we need to log in and log out.
PSHE	<p><u>Self Regulation</u> <i>My feelings</i></p> <ul style="list-style-type: none"> - Identifying and expressing feelings - Exploring different coping strategies - Learning appropriate vocabulary - Explore different facial expressions <p><u>Building relationships</u> <i>Special relationships</i></p> <ul style="list-style-type: none"> - Talking about people who are special and valued - Understanding why it is important to share and cooperate with others - Recognising self as valuable individuals - Explore diversity looking at similarities and differences. 	<p><u>Managing self</u> <i>Taking on challenges</i></p> <ul style="list-style-type: none"> - Understanding why we have rules - Importance of persistence - Working together in a group - Practicing 'grounding' strategies <p><u>Self-regulation</u> <i>Listening and following instructions</i></p> <ul style="list-style-type: none"> - Learning the importance of listening - Learning the importance of telling the truth and thinking of others' feelings - Listening, responding to and following instructions 	<p><u>Building relationships</u> <i>My family and friends</i></p> <ul style="list-style-type: none"> - Thinking about the perspective of others - Understanding why sharing is important - Understanding the characteristics that make a good friend - Importance of supporting others by being kind <p><u>Managing self</u> <i>My wellbeing</i></p> <ul style="list-style-type: none"> - Learning the importance of exercise - Exploring yoga, guided meditation and relaxation - Understanding why it is important to take care of yourself - Being a safe pedestrian - Exploring what it means to eat healthy and to have a balanced diet
Trips, Visitors and Assemblies	Anti-bullying week (Nov) PANTS week (Oct)	Fire Safety Visit	Road Safety Visit



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Online Safety	<ul style="list-style-type: none"> - To recognise what the internet is and how to use it safely. - To identify how people's feelings and emotions can be affected by online content. 	<ul style="list-style-type: none"> - To recognise how to treat others, both online and in person. 	<ul style="list-style-type: none"> - To recognise the importance of being careful when posting and sharing online. - To discuss ways to balance time spent online and offline.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - What is family? - What are friendships? - Recognising others' emotions - Working with others - Friendship problems - Healthy friendships - Gender stereotypes <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Understanding emotions - Celebrate strengths - Benefits of physical activity and rest - Relaxation - Hand washing and personal hygiene - Sun safety - Allergies - People who want to help us keep healthy 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - Safe adults/ responding to adults in a range of situations - Getting lost - Making an emergency phone call - Appropriate contact - Safety with substances - Safety at home - People who help to keep us safe <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Rules - Caring for animals - Understanding the needs of babies and young children - Recognising similarities and differences - Belonging - Democratic decisions 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - What is money? - Keeping money safe - Purpose of banks and building societies - Difference between saving and spending - Job roles both inside and outside of school <p><u>Transition</u></p> <ul style="list-style-type: none"> - Individual strengths and new skills when preparing for the move to Year 2.
Trips, Visitors and Assemblies	PANTS Week (Oct) Anti-Bullying Week (Nov)	Safer Internet Day (Feb) NSPCC Speak out, Stay Safe Assembly	Paralympian Visit and Charity event



Year 2 Safeguarding Curriculum

	Autumn Term	Spring Term	Summer Term
Online Safety	<ul style="list-style-type: none"> - To decide which information is safe to share online. 	<ul style="list-style-type: none"> - To practise keeping information safe and private online. 	<ul style="list-style-type: none"> - To recognise when to deny permission online. - To recognise that not everything online is true.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Role of families - Different types of families - Other peoples' feelings - Unhappy friendships - Manners and courtest - Change and loss - Gender stereotypes: Careers & Jobs. <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Experiencing different emotions - Being active - Relaxation: breathing exercises - Setting achievable goals - Growth mindset - Healthy diet - Looking after our teeth 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - The internet and communicating online - Secrets and surprises - Appropriate contact: Correct vocab for body parts & safe/unsafe touches - Respecting personal boundaries - Road Safety - Staying safe with medicine <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Rules beyond school - Looking after the school and local environment - Job roles in the local community - Similarities and differences between people - School council: democracy in school - Giving an opinion 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Where does money come from? - Identifying basic needs essential for healthy growth - Exploring wants - Bank cards and accounts - My skills and talents - How to make others feel included <p><u>Transition</u></p> <ul style="list-style-type: none"> - Understanding that change can cause mixed feelings
Trips, Visitors and Assemblies	PANTS Week (Oct) Canal Safety Anti-Bullying Week (Nov)	Safer Internet Day (Feb) NSPCC Speak out, Stay Safe Assembly Fire Safety Visit	Paralympian Visit and Charity event



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Online Safety	<ul style="list-style-type: none"> - To understand how the internet can be used to share beliefs, opinions and facts. - To explain what should be done before sharing information online. 	<ul style="list-style-type: none"> - To identify the effects that the internet can have on people’s feelings. 	<ul style="list-style-type: none"> - To understand the ways personal information can be shared on the internet. - To understand the rules for social media platforms.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Healthy families - Friendship conflict - Conflict versus bullying - Effective communication - Learning who to trust - Respecting differences in others - Stereotypes: Gender & Age. <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - My healthy diary - Relaxation: stretches - Different aspects of identity - Identifying own strengths - Resilience: breaking down barriers - Communicating feelings - Diet and dental health 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - First Aid: emergencies and calling for help. <p>Bites & stings.</p> <ul style="list-style-type: none"> - Be kind online - Cyberbullying - Fake emails - Making choices - Influences - Keeping safe out and about <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Rights of the child (UN convention) - Rights and responsibilities - Recycling - Local community groups - Charity - Local democracy - Rules and consequence of breaking them 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Different ways to pay for things - Budgeting - Recognising money has an impact on how we feel - Ethical spending - Future jobs - Understanding stereotypes in the workplace. <p><u>Transition</u></p> <ul style="list-style-type: none"> - Celebrating increasing opportunities and responsibilities as situations change
Trips, Visitors and Assemblies	<p>PANTS Week (Oct)</p> <p>Anti-Bullying Week (Nov)</p>	<p>Safer Internet Day (Feb)</p> <p>NSPCC Speak out, Stay Safe Assembly</p>	<p>Paralympian Visit and Charity event</p>



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Online Safety	<ul style="list-style-type: none"> - To describe how to search for information within a wide group of technologies and make a judgement about the probable accuracy. - To describe some of the methods used to encourage people to buy things online. 	<ul style="list-style-type: none"> - To explain why lots of people sharing the same opinions or beliefs online do not make those opinions or beliefs true. 	<ul style="list-style-type: none"> - To explain that technology can be designed to act like or impersonate living things. - To explain how technology can be a distraction and identify when I might need to limit the amount of time spent using technology.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Respect and manners - Healthy friendships - Impact of behaviour on others - Bullying: Responsibility of bystanders to help - Stereotypes: Gender, disability. - Families in the wider world - Change and loss <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Healthy teeth - Relaxation: Visualisation - Celebrating mistakes - Meaning & Purpose: my role - My happiness - Emotions - Mental health 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - Internet safety: age restrictions, being share aware - First Aid: Asthma - Privacy and secrecy - Consuming information online - Growing up - Introducing puberty - Tobacco <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Human rights - Caring for the environment - Role and contribution of groups in the wider community - Value of diversity - Role of local government/councillors 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Recognising value for money - Monitoring money - Keeping money safe - What influences career choices? - Career changes - Challenging workplace stereotypes <p><u>Transition</u></p> <ul style="list-style-type: none"> - Creating goals and challenges for moving into Year 5.
Trips, Visitors and Assemblies	<p>PANTS Week (Oct) Local Transport Safety Anti-Bullying Week (Nov)</p>	<p>Safer Internet Day (Feb) NSPCC Speak out, Stay Safe Assembly</p>	<p>Paralympian Visit and Charity event</p>



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Online Safety	<ul style="list-style-type: none"> - To understand how apps can access personal information and how to alter the permissions. - To be aware of the positive and negative aspects of online communication. 	<p>Safer Internet Day (Feb)</p> <ul style="list-style-type: none"> - To understand how online information can be used to form judgements. 	<ul style="list-style-type: none"> - To discover ways to overcome online bullying. - To understand how technology can affect health and wellbeing.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Building friendships - Friendship skills - Marriage - Self-respect - Family life - Bullying: how to get help - Stereotypes: Gender, race and religion <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Relaxation: yoga - Importance of rest - Embracing failure - Going for goals - Taking responsibility for my feelings. - Healthy meals - Sun safety 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - Online friendships - Staying safe online - Emotional and physical changes during puberty - Menstruation - First Aid: bleeding & head injuries - Alcohol, drugs & tobacco: Making decisions. <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Breaking the law - Rights and responsibilities - Protecting the planet - Contributing to the community - Pressure groups - Parliament 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Prioritising needs over wants - Creating a weekly budget - Borrowing and loaning - Risks of handling money online - Identify and challenge stereotyping in the workplace - Suitable careers <p><u>Transition</u></p> <ul style="list-style-type: none"> - Roles and responsibilities when moving into Year 6.
Trips, Visitors and Assemblies	<p>PANTS Week (Oct) Anti-Bullying Week (Nov)</p>	<p>Safer Internet Day (Feb) NSPCC Speak out, Stay Safe Assembly Crime and Punishment Visit</p>	<p>Paralympian Visit and Charity event</p>



	Autumn Term	Spring Term	Summer Term
Online Safety	<ul style="list-style-type: none"> - To describe online issues that give us negative feelings and know how to get help. - To explore the impact and consequences of sharing online. 	<ul style="list-style-type: none"> - To know how to create a positive online reputation. - To describe how to capture bullying content as evidence. 	<ul style="list-style-type: none"> - To manage personal passwords effectively. - To be aware of strategies that help protect people online.
PSHE	<p><u>Family and relationships</u></p> <ul style="list-style-type: none"> - Respect and respectful relationships. - Stereotypes: attitudes and challenging these stereotypes - Resolving conflict - Change and loss <p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> - Relaxation: mindfulness - Planning for a healthy lifestyle - Impact of technology on health - Resilience toolbox - Immunisation - Good and bad habits - Physical health concerns 	<p><u>Safety and the changing body</u></p> <ul style="list-style-type: none"> - Alcohol - Critical digital consumers - Social media - First aid: choking and basic life support - Physical and emotional changes of puberty - Conception - Pregnancy and birth <p><u>Citizenship</u></p> <ul style="list-style-type: none"> - Human rights - Food choices and the environment - Caring for others - Prejudice and discrimination - Valuing diversity - National democracy 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> - Identify feelings about money - Keeping money safe - Money responsibilities - Gambling - Workplace - Career routes <p><u>Transition</u></p> <ul style="list-style-type: none"> - Dealing with change <p><u>Identity</u></p> <ul style="list-style-type: none"> - What is identity? - Media manipulated images
Trips, Visitors and Assemblies	<p>PANTS Week (Oct)</p> <p>Anti-Bullying Week (Nov)</p>	<p>Safer Internet Day (Feb)</p> <p>NSPCC Speak out, Stay Safe Assembly</p> <p>Bikeability</p>	<p>SWITCH Programme</p> <p>Various Police visits: Knife Crime, Substance Abuse.</p> <p>Residential Visit</p> <p>Paralympian Visit and Charity event</p>